

When should you call

When you have a question about

- Medicine
 - Drug Interactions
 - Side Effects
 - Any questions you have about a new medicine
- Arizona Critters
 - Scorpions
 - Snakes
 - Spiders
 - Ants
 - Bees
- Plants
- Household Chemicals

For more tips, log on to:

www.bannerhealth.com/poisoncenter



HERE IT IS



If you think someone has been poisoned, call your poison center right away – **1-800-222-1222.**

In Arizona with an out of state cell phone call – **602-253-3334.**

First Aid for Poisoning

Has the person collapsed or stopped breathing?

- ▶ Call 911 or your local emergency number right away.

Poison in the eyes?

- ▶ Rinse eyes with running water for 15 to 20 minutes.
- ▶ Call 1-800-222-1222.

Poison on the skin?

- ▶ Take off any clothing that the poison touched.
- ▶ Rinse skin with running water for 15 to 20 minutes.
- ▶ Call 1-800-222-1222.

Inhaled poison?

- ▶ Get to fresh air right away.
- ▶ Call 1-800-222-1222.

Swallowed the wrong medicine or too much medicine?

- ▶ Call 1-800-222-1222.

Swallowed something that's not food or medicine?

- ▶ Drink a small amount of milk or water.
- ▶ Call 1-800-222-1222.

For more information, visit our website:
www.bannerhealth.com/poisoncenter

To make a donation to support your local Poison Control Center contact us at: (602) 747-4483

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www.1-800-222-1222.info

CTPER | Center for Toxicology and Pharmacology
Education and Research

A CENTER OF THE UNIVERSITY OF ARIZONA COLLEGE OF MEDICINE - PHOENIX AND BANNER HEALTH

The Poison and Drug Information Centers of Arizona



Banner
Poison and Drug
Information Center

Call **FAST** to treat a poisoning!
Call **FIRST** to prevent a poisoning!

Magnet Inside

POISON
Help
1-800-222-1222

In Arizona with an out of state cell phone call – 602-253-3334

24 hours a day • 7 days a week

Do You Know?

We often think of children getting poisoned. But most people who die from poisons are adults! Poisoning is a danger for all of us.



Almost anything can be poisonous if it's used the wrong way, in the wrong amount, or by the wrong person.

Some poisons are:

- medicines (prescription, over-the-counter, herbal) and street drugs
- products in your home like shampoo, bleach, bug and weed killers, antifreeze, and lamp oil
- bites and stings
- mushrooms and plants
- fumes and gases
- chemicals at your job

Taking the wrong amount of medicine or someone else's medicine, accidentally eating dishwasher soap, mixing cleaners, or having too much alcohol to drink could lead to poisoning.

Why Should You Call?

Poisonings can happen to anyone and poison centers are for everyone. The call is free and private.

We Help You Save Money and Time:

Seven out of ten people who call their poison center get help over the phone. They don't have to go to a doctor or hospital.

Your Doctor Calls the Poison Center Too:

When doctors and nurses need help treating poisonings, they call their local poison center.

We are the experts.

We can help you with questions about:

- medicines
- poison
- bites and stings



Poison Prevention Tips

If you think someone has been poisoned, call 1-800-222-1222 right away. Serious poisonings don't always have early signs.

- Put 1-800-222-1222 in your cell phone and near home phones.
- Keep medicines and household products in their original containers. Keep them in a different place than food.
- Always read the product label and follow any directions.
- Keep household products and medicines locked up. Put them where kids can't see them or reach them.
- Buy products with child-resistant packaging. But remember, nothing is child-proof!
- Never call medicine candy. Poisons may look like food or drink. Teach children to ask an adult before tasting anything.
- Learn about products and drugs that young people use to get "high." Talk to your teen or pre-teen about these dangers.
- Have a working carbon monoxide alarm in your home.



Free, Fast, Expert Help.
24 hours a day, 7 days a week.

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